



TAKE 3 TALENT

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LIZ SAMUEL

SAG•AFTRA

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INGRID FRENCH
MANAGEMENT

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TELEVISION (selected)

EAST NEW YORK	Co-Star	CBS
DEAR EDWARD	Co-Star	Apple TV
LINCOLN RHYME: THE HUNT FOR THE BONE COLLECTOR	Co-Star	NBC
LAW AND ORDER SVU	Co-Star	NBC
HACK MY LIFE	Guest Star	truTV

FILM (selected)

EX-HUSBANDS (opp. Griffin Dunne)	Supporting	Dir. Noah Pritzker
THE WEEK OF (opp. Adam Sandler & Chris Rock)	Supporting	Dir. Robert Smigel
A NOVEL ROMANCE (opp. Steve Guttenberg)	Supporting	Dir. Allie Dvorin
MOMTRESS ★	Lead Writer Producer	Dir. Jeremiah Kipp
DATE WITH A NARCISIST	Supporting	Dir. Debra Markowitz
THE BAKE SALE	Supporting	Dir. Susan Skoog
NORTH OF THE CITY	Supporting	Dir. Paul Zimmerman
PATTY PAN	Lead	Dir. Lauren Flick
MIRRORS	Lead	Dir. J. Cheng
STRANGERS	Lead	Dir. Kathy Lindboe

★ **OFFICIAL SELECTION:** Montclair Film Festival • SOHO International Film Festival • Big Apple Film Festival • Long Island International Film Festival Expo • Hoboken International Film Festival • The Brightside Tavern Shorts Festival • Austin Indie Festival • LA Comedy Festival 365 • SOMA Film Festival AND MORE

NEW MEDIA (selected)

MOMtress★	Starring	Dir. Shaina Feinberg
CELLS OF QUARANTINE	Starring	Dir. Betsy True
REAL LAWS IN REAL PLACES	Starring	Dirs. L. Samuel / C. Doikos

THEATER (selected)

STAY	Siobhan	Latrea Theatre
BURNING HOUSE	Lori	Hudson Guild Theater
SWEETENED WATER	Sara	Crossroads Theatre Luna
ONE MINUTE PLAY FEST	Ensemble	Stage
SOMETHING IN THE AIR ★	Sloane	Alliance Repertory Theatre
THE FOURTH WALL	Julia	4 th Wall Theater
THE BRIDAL SHOWER	Jen	Triad Theater Manhattan
THE OVERLOAD	Dari	Rep Theatre Studio
PICASSO AT THE LAPIN AGILE	Suzanne	Playhouse

★ NJ TONY AWARD WINNER | BEST COMEDY

COMMERCIAL

Conflicts Available Upon Request (National, Regional and Voice-Over)

TRAINING + EDUCATION

B.S. IN JOURNALISM - SYRACUSE UNIVERSITY

SCENE STUDY: Peter Jensen (T. Schreiber Studio), Anthony Abeson, Rachel Black Spaulding, Rick Sordelet

ON-CAMERA TECHNIQUE: Bob Krakower (One on One), Jennifer Krater & Brad Calcaterra (Sally Johnson Studio)

AUDITION TECHNIQUE: Matt Newtown (MN Acting Studio), Anthony Robert Grasso, Ari Blinder (Margie Haber)

COMMERCIAL & VOICEOVER: Brooke and Mary (House), Stuart Dillon, Marla Kirbin

IMPROV: Gary Rudoren (Second City)

SPECIAL SKILLS

DIALECTS: New York, Jersey, Long Island, British (Modern London, Cockney, RP, North London-Jewish); SPORTS: Gymnastics, Skiing, Fitness; OTHER: Improv, Hosting, Reporting, Teleprompter, Valid Driver's License and US Passport, Surviving Teens, MOM TAXI.

height: 5'3" | hair: Blonde | eyes: Blue